

## 3 -Day Mexico City Itinerary

### DAY 1: Centro Histórico – History & Architecture

*Suggested schedule: 9:00 AM – 9:00 PM*

Getting Around Today:

- Most attractions are **walkable** within Centro Histórico.
- Walking distance between stops: **5–10 minutes**
- No car needed until evening

#### **Safety Tip:**

Centro Histórico is safe during the day. At night, use Uber when leaving the area.

#### **Morning (9:00 AM – 1:00 PM)**

##### **9:00–9:30 AM – Zócalo (Plaza de la Constitución)**

Start your day at Mexico City’s main square and soak in the energy of one of the largest plazas in the world.

**Google Maps:** <https://maps.google.com/?q=Zócalo+Mexico+City>

##### **9:30–10:00 AM – Metropolitan Cathedral**

Located on the north side of the Zócalo, this is the largest cathedral in Latin America and worth a short visit.

**Google Maps:** <https://maps.google.com/?q=Metropolitan+Cathedral+Mexico+City>

##### **10:00–11:30 AM – Templo Mayor**

Explore the ruins and museum of the ancient Aztec capital, located steps from the cathedral.

🕒 1–1.5 hrs

**Google Maps:** <https://maps.google.com/?q=Templo+Mayor>

##### **11:30 AM–12:15 PM – Avenida Madero**

This route connects the Zócalo to Bellas Artes and is one of the most vibrant streets in the city.

#### **Google Maps:**

<https://maps.google.com/?q=Avenida+Francisco+I.+Madero+>

#### **Lunch (1:00 PM – 2:30 PM)**

El Cardenal – traditional Mexican cuisine

Google Maps: <https://maps.google.com/?q=El+Cardenal+Centro+Historico>

Azul Histórico – upscale setting with classic dishes

Google Maps: <https://maps.google.com/?q=Azul+Historico+Mexico+City>

### **Afternoon (2:30 PM – 5:30 PM)**

#### **2:30–4:00 PM – Palacio de Bellas Artes**

Admire the architecture and famous murals by Diego Rivera and others.

**Google Maps:** <https://maps.google.com/?q=Palacio+de+Bellas+Artes>

#### **4:00–4:45 PM – Alameda Central**

Relax with a stroll through this historic park right next door.

**Google Maps:** <https://maps.google.com/?q=Alameda+Central+Mexico+City>

*Optional:* Torre Latinoamericana Observation Deck

### **Evening (6:30 PM – 9:00 PM)**

Dinner and rooftop drinks in Roma or Condesa

#### **Evening Transportation (Centro → Roma/Condesa):**

- Uber or taxi: 15–25 minutes
- Hop-on/hop-off bus stops available near Bellas Artes

#### **Safety Tips**

- Stick to authorized taxis or Uber at night
- Keep belongings secure, avoid displaying valuables

#### **Travel Tips**

- Water (high altitude)
- Cash, small bills, coins

## **DAY 2: Chapultepec, Museums & Trendy Neighborhoods**

*Suggested schedule: 9:30 AM – 9:30 PM*

Morning Transportation:

- Uber from Centro/Roma to Anthropology Museum: **20–30 minutes**

**Museum → Chapultepec Park:**

- Walk: 10–15 minutes

**Chapultepec → Polanco (Lunch):**

- Uber: 10 minutes
- Walking: 20–25 minutes

**Morning (9:30 AM – 12:30 PM)**

9:30 AM–12:00 PM – National Museum of Anthropology

A must-see museum with the world's largest collection of ancient Mexican artifacts.

🕒 2–3 hrs

**Google Maps:** <https://maps.google.com/?q=Museo+Nacional+de+Antropología>

**Lunch (1:00 PM – 2:00 PM | Polanco)**

El Turix or Contramar

**Afternoon (2:15 PM – 5:30 PM)**

**2:15 PM–3:30 PM – Chapultepec Park (casual stroll)**

One of the largest city parks in the world. Explore casually—don't try to see everything.

**3:30 PM–5:00 PM – Chapultepec Castle**

Climb up for panoramic city views and explore the former imperial residence.

**Google Maps:** <https://maps.google.com/?q=Chapultepec+Castle>

**5:00 PM – 7:00 PM- Polanco stroll**

Stroll through **Polanco**, known for upscale shops, galleries, and architecture.

**Evening (7:00 PM – 9:30 PM)**

**Dinner in Roma or Condesa**

Evening Transportation:

- Uber back to Roma/Condesa: 20–30 minutes

## **Optional Guided Excursion: Teotihuacán Pyramids** *(Half Day)*

This excursion replaces Day 2 morning/afternoon **OR** can be added as a separate day.

**Duration:** 🕒 ~5–6 hours (morning recommended)

Explore the legendary **Teotihuacán Archaeological Zone** with a certified guide. Visit the Pyramid of the Sun, Pyramid of the Moon, and Avenue of the Dead while learning about one of Mesoamerica's most important ancient civilizations.

### **Traveler Tips:**

- Comfortable shoes, sun protection, water (high altitude)
- Cash
- Uber is **NOT** recommended due to distance
- In the morning, an early start is recommended

### **Transportation Options:**

- Guided tour with round-trip transportation (*recommended*)
- By bus, leave from the Terminal Central de Autobuses del Norte (terminal can be accessed by Uber or taxi)
- Travel time: **1–1.25 hours each way**

\* *Optional:* Balloon ride; **longer duration**; afternoon recommended.

## **Optional Guided Excursion: Basilica** *(Half Day)*

This excursion replaces Day 2 morning/afternoon **OR** can be added as a separate day.

**Duration:** 🕒 ~2–3 hours

Visit the Basilica of Our Lady of Guadalupe, a pilgrimage site. See the sacred tilma set with the image of the Virgin.

### **Traveler Tips:**

- Comfortable shoes, sun protection, hat, water (high altitude)
- Cash, small bills, coins
- Camera; flash photography is not allowed inside the temples
- Keep belongings secure, avoid displaying valuables

### **Transportation Options:**

- Guided tour with round-trip transportation (*recommended*)

## **DAY 3: Coyoacán & Xochimilco**

*Suggested schedule: 9:00 AM – 8:30 PM*

Morning Transportation (Centro/Roma → Coyoacán):

- Uber: 30–40 minutes

**Coyoacán → UNAM:**

- Uber: 10–15 minutes

**UNAM → Xochimilco:**

- Uber: 20–30 minutes

**Xochimilco Tip:**

- Go earlier in the afternoon to avoid crowds
- Bring cash for music, food, and souvenirs

**Morning (9:00 AM – 12:30 PM)**

**9:00 AM–10:30 AM – Frida Kahlo**

Former home of Frida Kahlo. Tickets must be booked in advance.

**Google Maps:** <https://maps.google.com/?q=Frida+Kahlo+Museum>

**10:30 AM–12:30 PM – Coyoacán Historic Center**

Explore Plaza Hidalgo, the Parish of San Juan Bautista, street performers, and cobblestone streets. **Google Maps:** <https://maps.google.com/?q=Coyoacán+Historic+Center>

**Lunch (12:30 PM – 2:00 PM)**

Coyoacán Market or Los Danzantes

**Afternoon (2:30 PM – 5:30 PM)**

**2:30 PM–3:15 PM – UNAM Campus (Ciudad Universitaria)**

A short walk through the **UNESCO World Heritage–listed UNAM campus**, known for its modernist architecture and Diego Rivera murals at the Central Library.

🕒 30–45 minutes

- Located near Coyoacán
- Easy Uber stop on the way to Xochimilco

**Google Maps:** <https://maps.google.com/?q=UNAM+Ciudad+Universitaria>

### **3:45 PM–5:30 PM – Xochimilco Trajinera Ride**

Enjoy a colorful boat ride through historic canals with music, food, and festive atmosphere.

### **Evening (6:30 PM – 8:30 PM)**

Coffee, dessert, early farewell dinner

Return to hotel to rest

### **Safety Tips**

- Stick to Uber or authorized taxis at night
- Keep belongings secure, avoid displaying valuables

### **Transportation Overview**

- Uber and authorized taxis (*recommended*)
- Metro: Very affordable but crowded during rush hours (7–9 AM, 5–7 PM)
- Hop-On Hop-Off Bus: Great for first-time visitors who want flexibility
- Average travel time between neighborhoods: 15–30 minutes without traffic

### **Travel Tips**

- Hats, sunscreen, snacks and water (high altitude)
- Cash, small bills, coins for restrooms, markets, and Xochimilco